

Christos Drtossinakis Seminar 17-28.08.2018

23 people took part in the seminar in Halkida, Greece. They meditated every morning under the guidance of Christos Drossinakis and Bettina Heiler and had several sessions during the day. All people were measured with Bio-Well instrument in the first and last day of seminar. Most of people demonstrated improvement of their energy parameters. Fig. 1-3 present averaged data on the group.

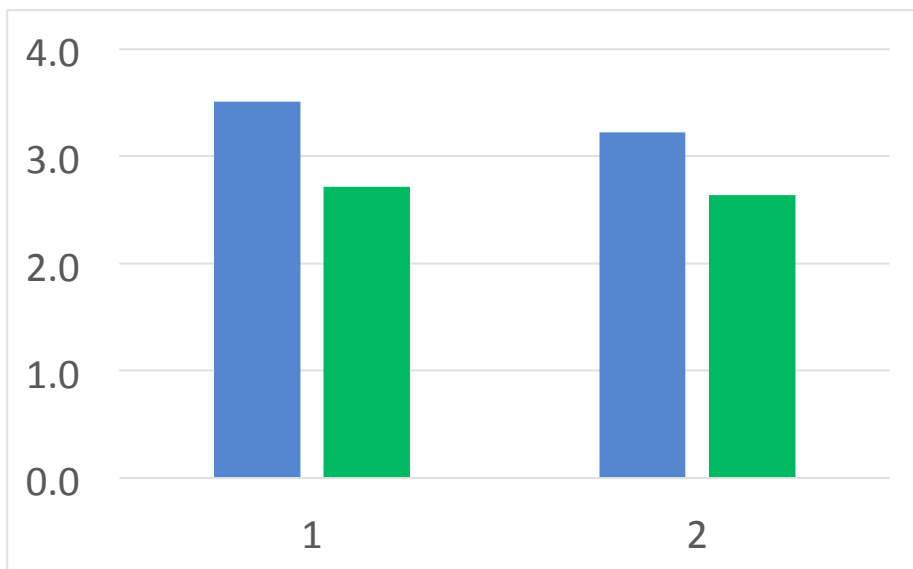


Fig.1. Stress coefficient (1) and Entropy coefficient (2) averaged on the group before and seminar

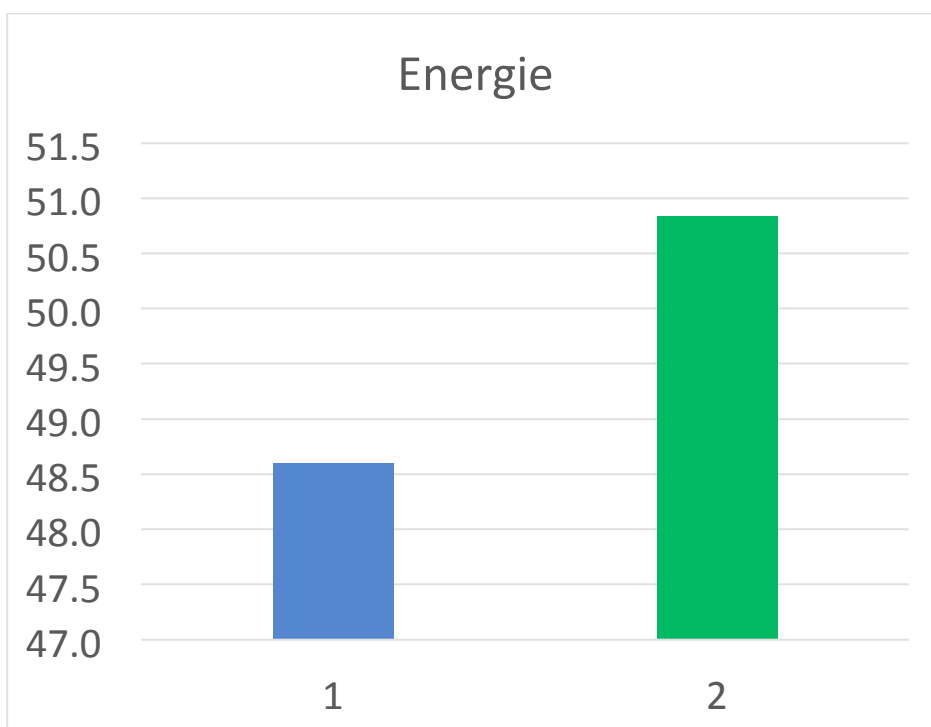


Fig.2. Energy coefficient averaged on the group before and seminar

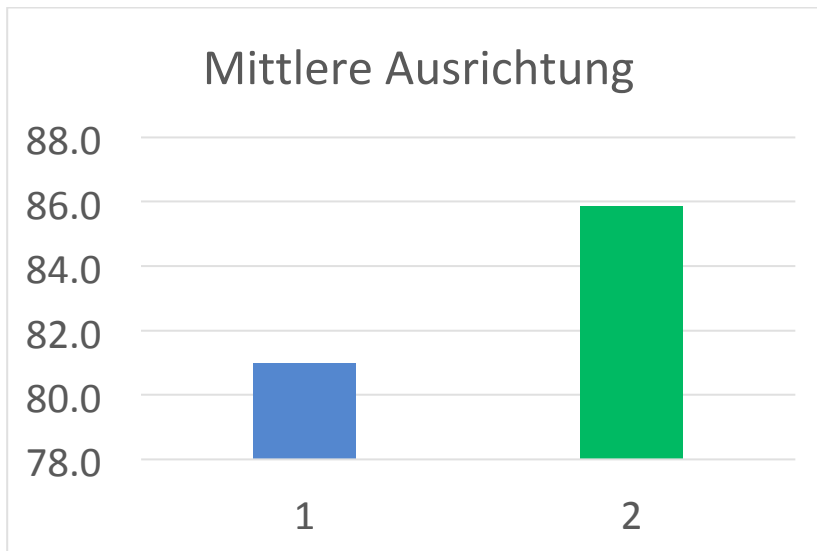


Fig.3. Chakras balance coefficient averaged on the group before and seminar

Fig. 4,5 present individual responses. As we see from the graphs, for 19 people energy increased, for 1 person it was the same and for 3 people decreased; Stress coefficient decreased for 19 people and increased for the same 4 people. This is characteristics of individual response.

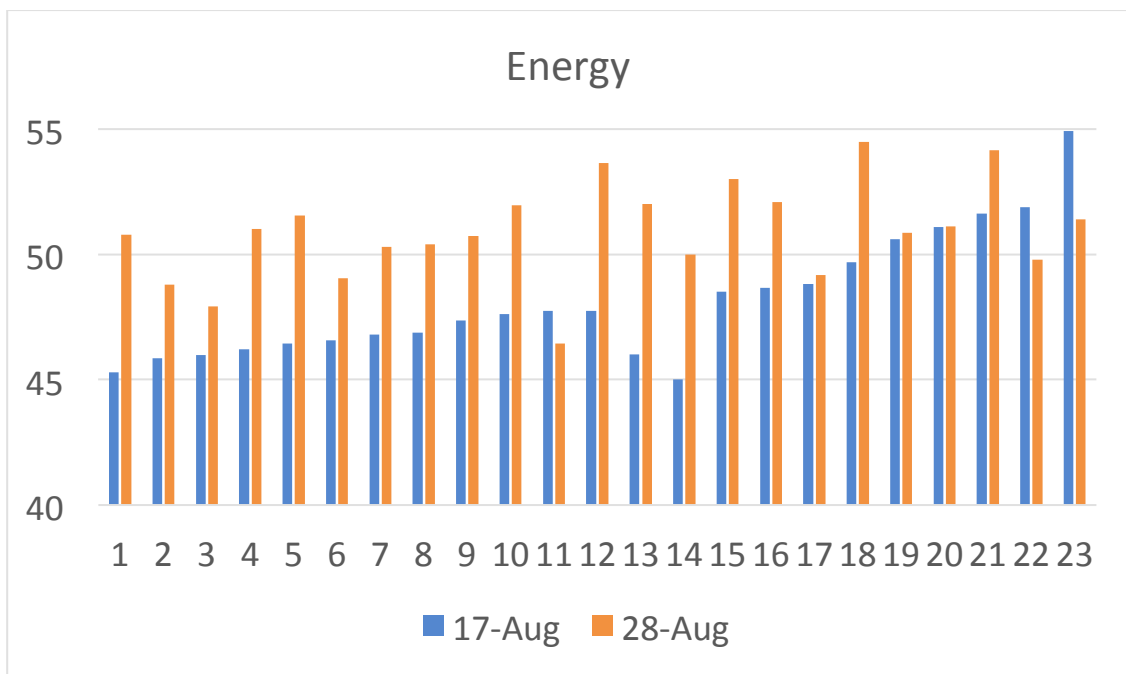


Fig. 4. Energy parameter for 23 people before and after the seminar.

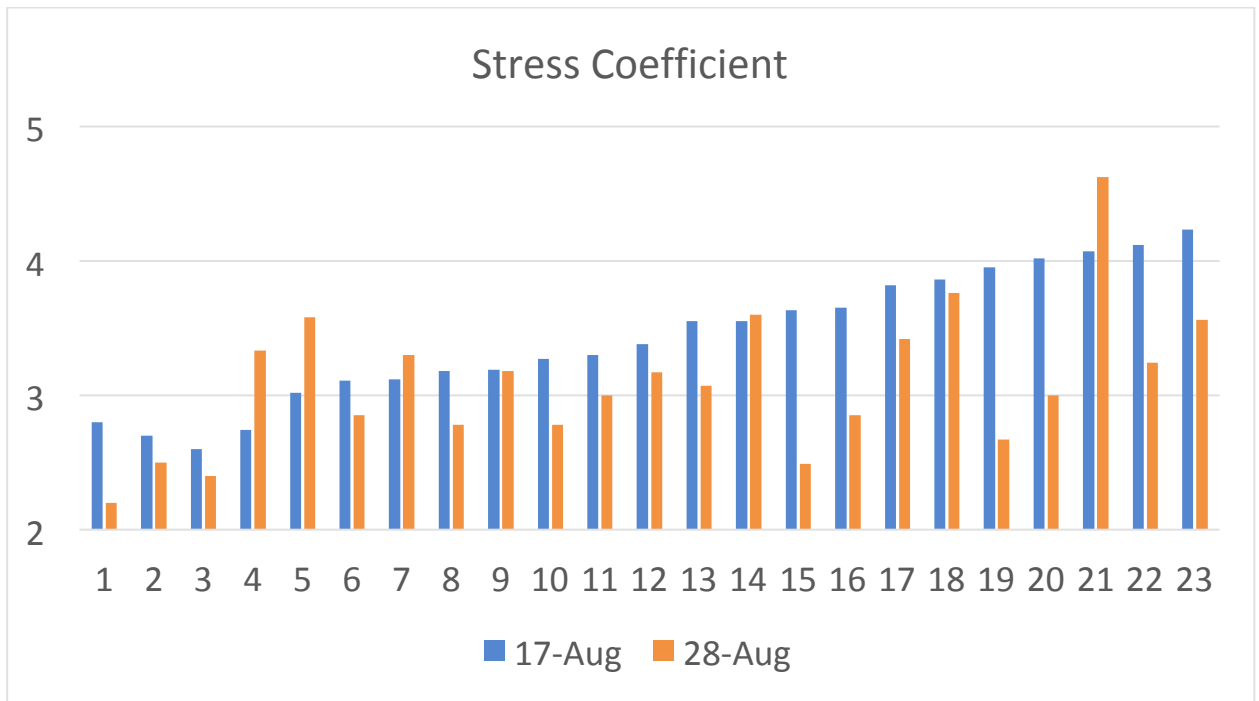


Fig. 5. Stress parameter for 23 people before and after the seminar.

At the last day of seminar people had a session of collective meditation. Sputnik sensor was recording for 13 min before the meditation, during and after meditation. As we see from fig. 6-8, meditation affected Sputnik signal, that was recorded on several parameters: during meditation parameters decreased, which may be interpreted as harmonization of environment. After the end of meditation we see slight increase of parameters.

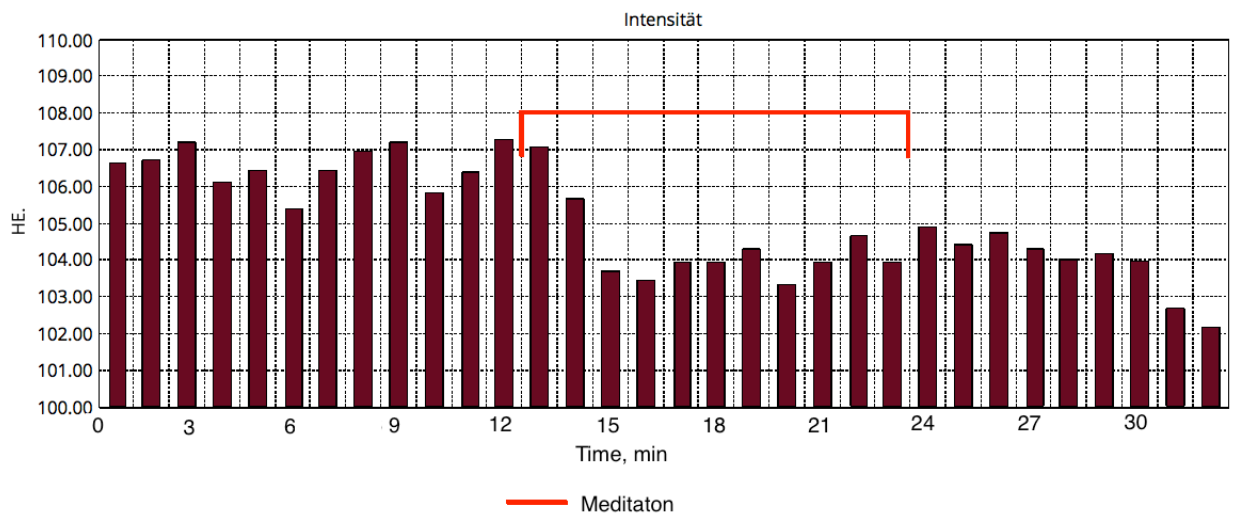


Fig.6. Sputnik readings 28.08.2018 during seminar.

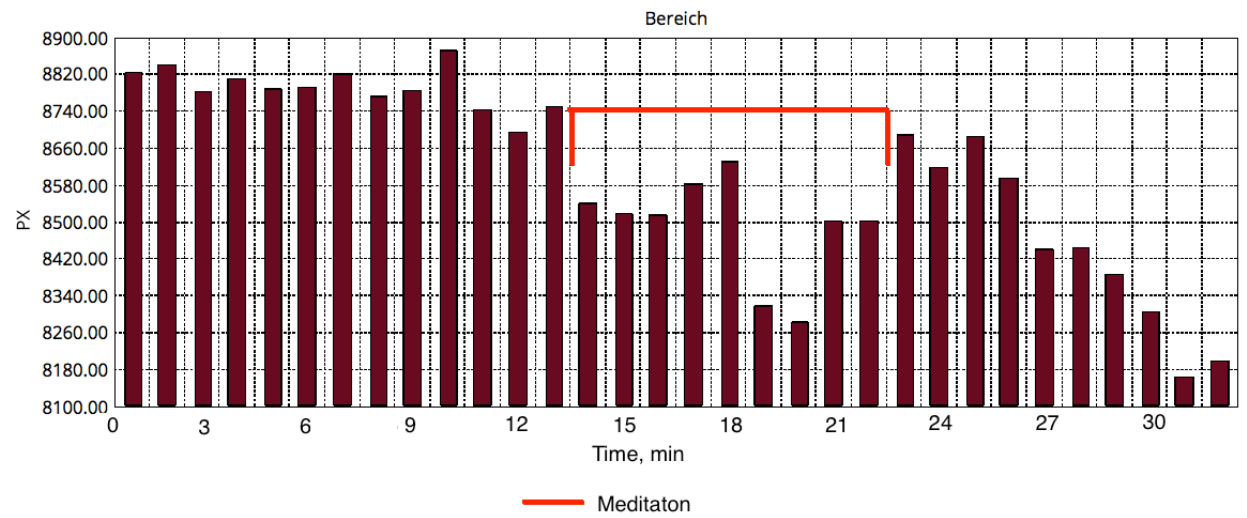


Fig.. 7 Sputnik readings 28.08.2018 during seminar.

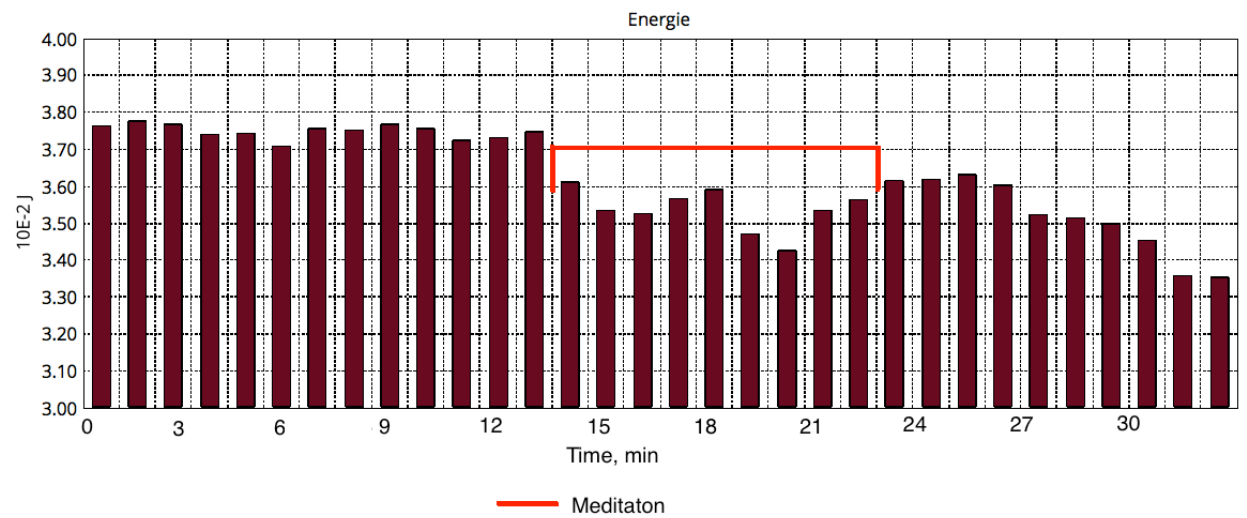


Fig.8. Sputnik readings 28.08.2018 during seminar.

Conclusion

Christos Drossinakis seminar had positive effect on most of participants.
Collective meditation had statistically significant effect on Sputnik sensor readings.